

# Winter Calendar of Activities



T.M.N.E Band rocking it at TropicalFete's 2009 event

**NY, USA**

**TOP 100 International Caribbean Songs 2010**  
DECEMBER 8

Annual red carpet signature event dub: TropicalFete's Count-Down: Top 100 International Caribbean songs for 2010 is set to take place at the World famous Time Square Arts Center in the heart of New York City. T.M.N.E. Band will be on the band stand performing a medley of the top 25 songs for 2010. In addition, three top DJs/VJs in the Caribbean music genre is scheduled to spin the top songs for 2010. The event will also pay tribute to the people through song, dance, comedy and fashion.

Jessica Penokie, Event Coordinator for the Times Square Arts Center says. "We at the Times Square Arts Center are always excited about charity events. Bringing TropicalFete to the venue will help the community gain awareness about the importance of Caribbean music and arts in the up and coming generations. This event will be a huge success and we are very proud and excited to be a part of this Caribbean Culture Event!" info@tropicalfete.com

**MARTINIQUE**

**Martinique Jazz Festival**  
NOV 26 - DEC 6

The Caribbean's longest-running jazz festival, the Martinique Jazz Festival, which dates back to 1983, has long provided a showcase for local and international artists to share their talents with music lovers from all corners of the globe. martinique.org

**BARBADOS**

**Barbados International Film Festival**  
DECEMBER 1-5

This annual festival brings together the best of world cinema and international film culture and provides a major showcase for the exhibition of the Caribbean, Latin America and world-wide independent film. barbadosfilmfestival.com

**JAMAICA**

**The Reggae Marathon & Half Marathon**  
4 DECEMBER

Jamaica's premier marathon event. Marathoners,

sports enthusiasts as well as beginners, converge in Negril for a fun event characterised by good vibes and lots of reggae music. .reggaemarathon.com

**BARBADOS**

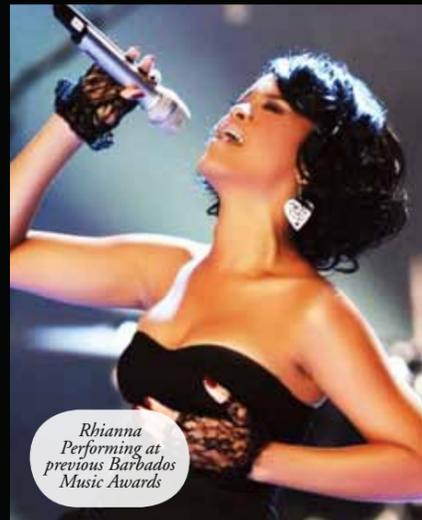
**Barbados Music Awards**  
8 JANUARY 2011

Barbados honours its finest musical talent in the areas of song, production, songwriting and music videos. Several premiere artists have been awarded at this forum including Barbados' very own pop star Rihanna. goldcoastrecords.com

**ANTIGUA**

**Budget Marine's Valentines Regatta**  
FEBRUARY 14

The race courses will be sailed off the waters of Jolly Harbour and Five Islands and will consist of short races. Course description and sailing instructions will be available at registration which will be held on Friday February 12th at the The Foredeck Bar, Jolly Harbour. jhycantigua.com



Rihanna Performing at previous Barbados Music Awards

# Missed It



Girlfriends Expo, Barbados

**BARBADOS**

**Girlfriends Expo**

Love FM's Girlfriends Expo was the ultimate weekend for women as hundreds of patrons braved the weather in Barbados to attend the greatly anticipated event. The first weekend in October was an extremely rainy one but inside the walls of the Lloyd Erskine Sandiford Centre there wasn't a grey cloud.

The biggest highlights of the event included pole fitness demonstrations, five fashion shows including an all male show and, a first for the island; Speed Dating. Patrons were wowed by the agility and flexibility of the ladies from Move 2 More as they showed that pole fitness is a great way to build muscle and keep fit by demonstrating many tricks on the poles. The male fashion boutique Praxis hosted the all male fashion show which was pure eye candy for the ladies who attended. The premier specialty event at Love Fm's Girlfriends Expo was Speed Dating. The event was so well received that even though patrons were required to pre-register, some were lucky, as two sessions were held so spontaneous persons at the expo could participate.

The Love Jones Experience was a spoken word and poetry session which was enjoyed by all and patrons had a blast singing their favourite songs at Karaoke. Love 104.1 Fm, a station of One Caribbean Media and the title sponsor of Girlfriends Expo, broadcasted from the event for the entire weekend from the Love Lounge.

No Expo is complete without business showcases and the themed areas of Glam and Glitter, Rejuvenation, Health and Wellness and Gifts and Indulgences helped patrons to find just what they were looking for, from the latest fashions and jewellery to dietary supplements and sweet treats, to finding a weekend getaway or that perfect shade of eye shadow.

The event also highlighted Breast Cancer awareness and had on the spot HIV/AIDS testing and showcases of the Female Condom - Femidon. It featured other attractions such as an art gallery, treasure hunts, cooking demonstrations, The Imagine Entertainment Kids Zone, The Barbados Today, Speakers Room and The Banks Men Zone. Patrons left Love Fm's Girlfriends Expo feeling empowered, educated and entertained.



Budget Marine's Valentines Regatta, Antigua

Missed It...continued



Titiwi Acra, Dominica

## Dominica

**Small Fish Doing Big Things**

Titiwi Fest has come and gone for the third year in a row. Certainly one of the most talked about and anticipated weekends on Dominica's pre-Independence calendar, the festival celebrates 'titiwi' - a tiny translucent fish that is caught at the river mouth at specific times of the year. Titiwi Fest takes place in Layou, a small coastal village with a reputation for good food and refreshing river baths. The Layou River is Dominica's longest and largest river, and so this annual festival coincides with World Rivers Day, usually celebrated on the last weekend in September. Titiwi is heritage food for Layou villagers and at Titiwi Fest, there is no end to the array of delicacies on offer. Culinary delights include titiwi stew, lasagne, accra, smoked titiwi with green bananas, titiwi soup, puddings and cakes. But it's not just about the food! This is a great family event with local music, water races, boat rides, arts and crafts exhibitions and adventure sports for all to enjoy. With so much to see and do during the day, Dominica's Titiwi Festival has grown considerably over the years, with more and more people appreciating the versatility of the small titiwi while having a jolly good time where river meets sea!

**Mara Etienne-Manley**

## Dominica

**Kool Kokonutz**

Dominica is not unlike other Caribbean islands with an abundance of coconut palms decorating its coastlines. Also referred to as 'the tree with a thousand uses', the coconut tree was the inspiration for the recently held contemporary coconut exhibition. A precursor to Dominica History Week, this first ever National Coconut Art and Craft Exhibition formed part of the island's 32nd Independence celebrations. The event brought together a wide selection of artisans and specialty cooks to showcase a variety of locally made coconut products using the husk, shell, leaves and fruit of the coconut tree. What was immediately striking about the display, spread over two floors at the Old Mill Cultural Centre, was the simple combination of craft with modern designs as well as the diversity of culinary creations. Some of the products that caught my attention were ornaments, jewellery, soaps, oils, hats, brooms, kitchen utensils, cereals and sweets.

If you are on island and shopping for an authentic Dominican souvenir to take home, look no further than a local craft shop or sidewalk stall for an assortment of locally produced items made from the indigenous 'tree of life'. **Mara Etienne-Manley**



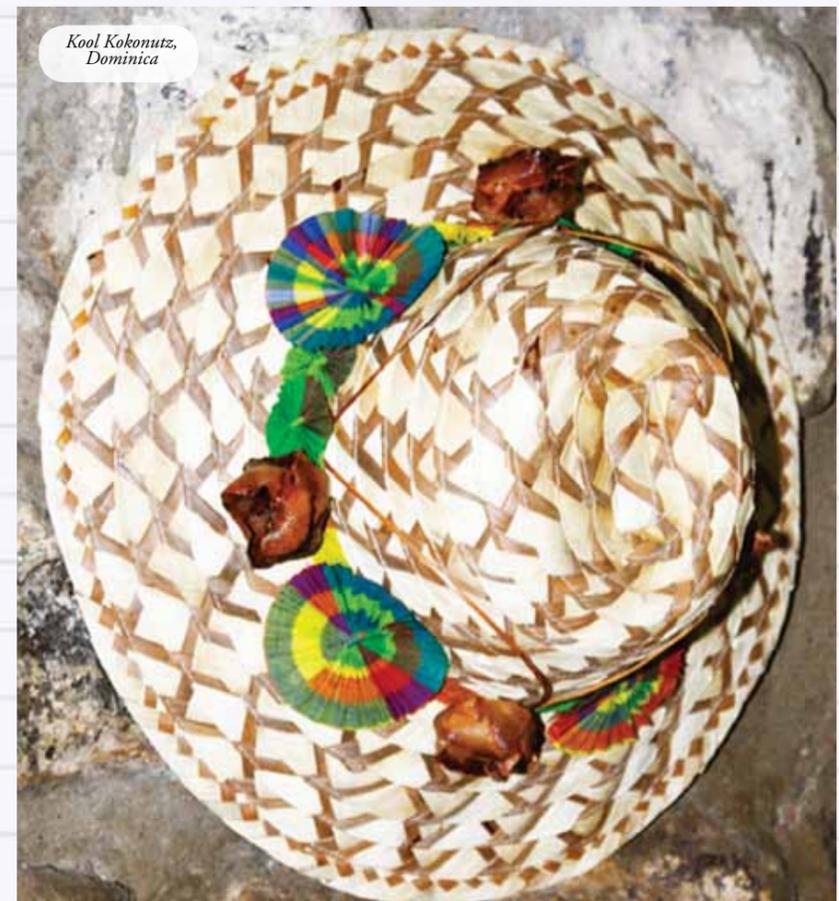
88.5 Soufriere FM & RSL 97, St Lucia

## Saint Lucia

**88.5 Soufriere FM & RSL 97**

The first public appearance of the announcers of St Lucia's first community station 88.5 Soufriere FM took place in Soufriere's town square recently. The event was broadcast live to a national audience by RSL 97 and called Soufriere Callaloo under the theme "Keeping our heritage alive...with 88.5". The community station is jointly funded by The United Nations Educational, Scientific and Cultural Organisation (UNESCO) and the Soufriere Regional

Foundation (SRDF). 88.5 Soufriere FM broadcasts throughout Soufriere and its neighbouring environs, with the objective of giving persons in these communities a medium to voice issues specific to them. The event provided an opportunity to interact with the radio personalities and to explain the content of their various shows which reflects the various sectors within the Soufriere community e.g. tourism, farming, fishing, sports, social issues etc.



Kool Kokonutz, Dominica